Monkey Puzzle trees line the track, along with Oak, Scots and Corsican pines, Beech and Sycamore, as it descends, on tarmac now, to reach the main road that dissects Tal-y-bont. Cross the road with care to the green in front of the two public houses at Tal-y-bont.

Borth to Ystwyth Trail Path BORTH to TAL-Y-BONT Section 1 of 6



Distance & time: Terrain: Suitable for: Grade:	Level walking gentle hills, p Most sections	6.5km (4 miles); 1½ - 2 hours. Level walking at the edge of the Dyfi Estuary rising over gentle hills, pasture and along woodland trails to village. Most sections are suitable for all the family. This is a grade B walk–graded according to the following criteria:	
	A Strenuous:	Ability to walk on rough terrain for up to 6 hours with a light rucksack	
	B Moderate:	Ability to walk on rough terrain for up to 4 hours with a light rucksack	
	C Easy:	Ability to walk on rough terrain for up to 2 hours with a light rucksack	

Cover image: Approaching Pant y Dwn (© DJG Owen)

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For further information on holidays in Ceredigion contact: Aberystwyth Tourist Information Centre, Terrace Road, Aberystwyth, Ceredigion, Wales SY23 2AG 201970 612125 ﷺ AberystwythTIC@Ceredigion.gov.uk



Cronfa Amaethyddol Ewrop ar gyfer Datblygu Gwledig: Ewrop yn Buddsoddi mewn Ardaloedd Gwledig The European Agricultural Fund for Rural Development: Europe Investing in Rural Areas



Llywodraeth Cynulliad Cymru Welsh Assembly Government





Start: Borth. SN 609 901 Finish: Tal-y-bont Borth and Tal-y-bont **Refreshments:** Borth and Tal-y-bont Public toilets: Public transport: Tourist Information Centre 01970 612125 or Traveline Cymru on 0870 608 2608. OS Landranger 135 Aberystwyth & Machynlleth Maps: OS Explorer Map 213 Aberystwyth & Cwm Rheidol OS Explorer Map OL23 Cadair Idris & Llyn Tegid (only a very small section on this map)

CEREDIGION



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From the Borth Tourist Information Centre proceed south along the main road. A "walking man" signpost points left down a tarmac lane that is also signposted St Mathews' Church, follow this path with care across the railway line. Continue, still on tarmac, towards the prominent church upon Ynys Fergi (the word "*ynys*", in Welsh, means island).

Turn left immediately before the churchyard and skirt the 'island' to reach the river Leri. Follow the river upstream in order to cross it using an aluminium footbridge. The land to your right belongs to the Borth Animalarium, so be prepared to spot interesting species amongst the gorse!

The course of the river Leri has been canalised here. Follow it briefly downstream on the opposite bank before dropping down to a stile that leads to a wooden footbridge. Turn right across the footbridge. The right of way has been diverted at this point and now follows the fenced ditch leading to a footbridge in the corner. Cross this and continue straight ahead to a kissing gate that gives access to the road.

Turn left along the tarmac road to pass by the farm called Pant y Dwn, occupying a fine location on the edge of the estuary. From here a footpath has been hewn out of the bedrock, it leaves the road just after the farm to climb steeply to the right, passing a spring, with fine views north across the estuary to the hills beyond.

Cross an oak stile, beside a gate hung from a giant stone post, to skirt the boundary beside a delightful wooded ravine on the left to reach another stile at the top of the field. Go into the field then bear left to ford the stream and follow a rough, narrow path along the top of a bank through gorse and willow trees to pass a redundant stile before emerging onto the tarmac road at Pen y Wern.

Follow the road left to descend past the fine courtyard of the farm to reach a footpath that leads right passing beside a bungalow. Cross the field, rising gently, staying parallel to the right hand boundary hedge, to reach a stile and enter a leafy tree lined lane.

After a while, go left, out of the lane to cross three wet fields, through reeds, below and to the left of the farm Llwyn-ysgubor-wen. Go over a stile in the corner and climb up to the right, past wooden outbuildings, through a paddock and out onto a tarmac road.

Turn left along the road, then right almost immediately to follow a path that climbs steadily beside a hedgerow to cross the brow of a hill, from where the views of the estuary disappear as the path descends to enter woodland.

Descend diagonally left, crossing a forestry road at one point to join another just below it. Follow this out of the woods across fields from where the giant spoil heaps of the mines can be seen at the edge of the forestry up to the left.