







Eating Out in the Cardigan Area - 2026 - Bwyta Allan yn Ardal Aberteifi

Enw Name	Cyfeiriad Address	 01239	Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfringau cymdeithasol Social media
La Fontana Ice Cream Parlour & Coffee House	Bath House Road Cardigan/Aberteifi SA43 1JL	01239 613193	Freshly made Italian food & homemade cakes. <i>Bwyd Eidalaidd ffres a chacennau cartref.</i>	V / VG GF	✓	Outside seating	lafontanacardigan@aol.com	
Pendre Café & Takeaway	1 Pendre Cardigan/Aberteifi SA43 1JL		Fish and Chips café & takeaway <i>Caffi Pysgod a Sglodion a Tecawê</i>	V / VG GF	✓	Guide dogs only	pendrecafe@aol.com	
Mwldan Bar & Café	Bath House Road Cardigan/Aberteifi SA43 1JY	01239 621200	Cinema snacks - Soft & Alcoholic Drinks Tea, Coffee & Cakes. Open to all <i>Byrbrydau sinema - Diodydd Meddal ac Alcoholic Te, Coffi a Chacennau. Yn agored i bawb.</i>	V / VG GF	✓		https://www.mwldan.co.uk/boxoffice@mwldan.co.uk	https://www.facebook.com/TheatrMwldan
The Copper Pot	High Street Cardigan/Aberteifi SA43 1JS	01239 814872	Bistro & Cocktail Bar - With outdoor Secret Garden. <i>Bistro a Coctel Bar – Gyda Gardd Gyfrinachol awyr agored</i>		✓		jamesheneker@hotmail.com	https://www.facebook.com/The-Copper-Pot-100970751385747
Happy City	High Street Cardigan/Aberteifi	01239 612273	Chinese takeaway <i>Tecawê Tsieinaidd</i>			Guide dogs only	https://www.happycitychinese.co.uk/info@happycitychinese.co.uk	
Doner House Take away	53 Pendre Cardigan/Aberteifi SA43 1JR	01239 920069	Pizza, Burgers, Milkshake - Take away Open 7 days <i>Pizza, Byrgyrs, Ysgytlaeth - Tecawê Ar agor 7 diwrnod</i>				https://doner-house.co.uk/	
Lluniaeth I'n Llonni, Food for Thought	13/14 High Street Cardigan/Aberteifi SA43 1JL	01239 621863	Teas, Coffees, Home cooked foods, breakfast, lunch, Cakes <i>Te, Coffi, Bwydydd cartref, brecwast, cinio, Cacennau</i>	V / VG GF	Limited	Guide dogs only	louisetackrell@yahoo.co.uk	https://www.facebook.com/Food-For-Thought-519400921426683/
Te Orinda – Pop Up Tea Room	Tabernacle Vestry Cardigan/Aberteifi SA43 1JL	07939 984732	Pop up Tea Room over the summer <i>Ystafell de ar rhai diwrnodau dros yr haf</i>				www.hwb-aberteifi.org	https://www.facebook.com/profile.php?id=100057287807158
Greggs Fast Food Bakery	5 Pendre Cardigan/Aberteifi SA43 1JL	01239 801000	A chain bakery, savoury snacks, sandwiches & sweet treats. Sit-In or Takeaway <i>Becws cadwyn, byrbrydau sawrus, brechdanau a danteithion melys. Eistedd i mewn neu Tecawê</i>	V / VG GF			https://www.greggs.com/	
Coffee1	Pendre, Cardigan/Aberteifi SA43 1JL	01239 614134	Local chain café serving up global coffees, juices & snacks in a relaxed space. <i>Caffi cadwyn leol sy'n gweini coffi, sudd a byrbrydau byd-eang mewn gofod hamddenol.</i>	V / VG GF	✓			https://www.coffee1.co.uk/location/s/cardigan/
Cardigan Bay Brownies	56 Pendre, Cardigan/Aberteifi SA43 1JR	01239 611733	Brownies – Cake – Snacks - Hot Drinks etc Take away - limited seating inside <i>Brownis – Cacen – Byrbrydau – Diodydd Poeth ac ati Ewch i ffwrdd - seddi cyfyngedig y tu mewn</i>	V / VG GF			https://www.cardiganbaybrownies.co.uk/hello@cardiganbaybrownies.co.uk	https://www.facebook.com/cardiganbaybrownies/
Mister Meze @ Cardigan Guildhall Market	Cardigan Market Cardigan/Aberteifi SA43 1JL		Fresh vegetarian Meze boxes / hand-crafted Mocktails & Smoothies - Daily specials. <i>Bocsys Meze llysieuol ffres / Mocktails a Smoothies wedi'u crefftio â llaw. - Arbennig dyddiol.</i>	V / VG GF	✓	✓		https://www.facebook.com/CardiganGuildhallMarket/timeline/contact@mistermeze.uk
Tatws O'r Galon @ Cardigan Guildhall Market	Cardigan Market Cardigan/Aberteifi SA43 1JL	07479 649679	Jacket potato stall, featuring locally sourced fillings. <i>Stondin tatws siaced, sy'n cynnwys llenwadau lleol.</i>		✓	✓		https://www.facebook.com/profile.php?id=61583563014564




Enw Name	Cyfeiriad Address		Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfrngau cymdeithasol Social media
Market Café @ Cardigan Guildhall Market	Cardigan Market Cardigan/Aberteifi SA43 1JL		Opening Soon <i>Yn agor yn fuan</i>		✓	✓		
Los Munecos @ Cardigan Guildhall Market	Guildhall Courtyard Cardigan/Aberteifi SA43 1JL		Street Food – Tacos – Nachos – Tres Leches <i>Bwyd stryd ffres - Tacos – Nachos – Tres Leches</i>		✓	✓		https://www.instagram.com/losmunecos26/
Street Food Morocco @ Cardigan Guildhall Market	Guildhall Courtyard Cardigan/Aberteifi SA43 1JL		Family run Moroccan Street Food Dishes with a Afro-Asian & fusion.. <i>Prydau Bwyd Stryd Moroco sy'n cael eu rhedeg gan y teulu gyda Affro-Asiaidd a fusion.</i>	V / VG GF				https://www.facebook.com/profile.php?id=61575097676025
Nook & Noble Café	Unit 15 Canolfan Teifi, Cardigan/Aberteifi SA43 1JL		Speciality Coffee & Tea Café. Cakes & pastries. Indoor & outdoor seating. Pre-school play area + Board games <i>Caffi Coffi a Te. Caecennau a theisennau. Seddi dan do ac awyr agored. Ardal chwarae cyn-ysgol. Gemau bwrdd</i>	V / VG GF	✓	✓		https://www.facebook.com/profile.php?id=61557946116247
Cardigan Arms Fish & Chips Café & Takeaway	3 College Row Cardigan/Aberteifi SA43 1LL	01239 614969	Fish and Chips café/ takeaway <i>Caffi / tecawê Pysgod a Sglodion</i>		No	Guide dogs only		https://www.facebook.com/Finch-Square-Cafe-Shop-107018093972317/
Wenyn Shop & Café	1 Fairways Queens Terrace Cardigan SA43 1LJ	07506 628334	Gift shop with small café - enjoy a coffee & cake with free WiFi. <i>Siop anrhegion gyda chaffi bach - fwynhau coffi a chacen gyda WiFi am ddim.</i>				https://www.wenyn.co.uk/	https://www.facebook.com/profile.php?id=61570865970302#
19 Below Gelato	High Street Cardigan/Aberteifi SA43 2LN	07790 428302	Finest gelato using local Carningli milk - Smoothies - milkshakes - hot waffles – pancakes <i>Gelato gorau gan ddefnyddio llaeth Carningli lleol - Smwddis - ysgytlaeth - wafflau poeth - crempogau</i>	V / VG GF				
The Big Bite Cardigan	29C High Street Cardigan SA43 1JG	01239 613006	Take away Sandwich shop. <i>Siop frechdanau ewch i ffwrdd.</i>					
Black Lion Hotel Cardigan	29 High Street Cardigan SA43 1HJ	01239 612532	Traditional Pub & Hotel - Open daily for Breakfast – Lunch – Dinner <i>Tafarn a Gwesty Traddodiadol - Ar agor bob dydd ar gyfer Brechwast – Cinio – Cinio</i>	V / VG GF	Limited No toilets	Guide dogs only	enquiries@blacklioncardigan.com	https://www.facebook.com/profile.php?id=61579398835430
Crowes	Black Lion Mews Cardigan/Aberteifi SA43 1HJ		Vegetarian / Vegan café - Courtyard seating Take away available. <i>Caffi llysiuol / fegan - Seddi iard Tecawê ar gael</i>	V / VG GF				https://www.facebook.com/crowescardigan/
DeeGee's Diner	Chancery Lane Cardigan/Aberteifi SA43 1HD	01239 613322	Breakfast - Lunch - Sunday Lunch take away available <i>Brechwast - Cinio - Cinio dydd Sul Tecawê ar gael</i>	V			tania63@hotmail.co.uk	https://www.facebook.com/deegeesdiner/
Bara Menyn Bakehouse	6B Chancery Lane Cardigan/Aberteifi SA43 1HA		Artisan bakehouse - Loaves - Sandwiches - Pastries - Pizza from organic & stoneground flours. Hot Drinks <i>Pobi crefftus - Torth - Teisennau - Brechdanau - Pizza o flawd organig a cherrig. Diodydd Poeth</i>					https://www.facebook.com/baramenynbakehouse/?locale=en_GB
Priory Café & Branney's Restaurant	Priory Street Cardigan/Aberteifi SA43 1BZ	01239 615167	Cafe - Light meals - Lunches - Dinners - Sunday Lunch. <i>Cafi - Prydau Ysgafn - Cinio - Swper - Chinio Dydd Sul.</i>	V / GF	Limited No toilets	Guide dogs only		https://www.facebook.com/Branneys-Priory-Restaurant-280732871942792/
Ny's Foods Chinese Takeaway	10 Priory Street Cardigan/Aberteifi SA43 1BU	01239 920614	Chinese Takeaway *Closed Tuesdays* 5pm - 9:30pm <i>Tecawê Tsieinaidd *Ar gau ddydd Mawrth* 5pm - 9:30pm</i>					




V / Vegetarian




VG / Vegan

GF / Gluten Free




Updated June 2026

Enw Name	Cyfeiriad Address		Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfyngau cymdeithasol Social media
Crwst Artisan Bakery & Café	9 Priory Street Cardigan/Aberteifi SA43 9BU	01239 842338	Cardigan café for all things brunch, bakes & coffee! <i>Caffi Aberteifi ar gyfer popeth sy'n ymwneud â brunch, pobi a choffi!</i>	V / GF	✓	✓	contact@crwst.cymru https://crwst.cymru/	https://www.facebook.com/crwst/
Finch Station Shop and café	Finch's Square, Cardigan/Aberteifi SA43 1BS	07507 946009	Family Run Café - Breakfasts - Lunches - Takeaways. <i>Caffi i'r Teulu - Brecwast - Cinio - Cymryd i ffwrdd.</i>	V / VG GF	✓	✓	https://www.finchstation.co.uk/ sean@finchstation.co.uk	https://www.facebook.com/profile.php?id=61558503102294
Ali's Tandoori Takeaway	2 Finch Square Cardigan/Aberteifi SA43 1BS	01239 621069	Ali's Tandoori – Takeaway Take away Open 7 days <i>Ali's Tandoori – Tecawê Ar agor 7 diwrnod</i>	V / VG			https://www.alis-tandoori.co.uk/	https://www.facebook.com/AlisTandooriCardigan
Seyran's Pizza Takeaway	38 St Mary Street Cardigan/Aberteifi SA43 1ET	01239 613463	Pizza – Kebab – Burgers, Take away Open 7 days <i>Pitsa – Cebab – Byrgyrs, Tecawê Ar agor 7 diwrnod</i>				https://seyranspizza.co.uk/5UTd	
Bocs *Du Street food @ The Old Pigeon Shed	Pwllhai Cardigan/Aberteifi SA43 1DB		Fresh Wood fired Street food <i>Bwyd Stryd wedi'i danio â Choed Ffres</i>				bocsdu@gmail.com	https://www.facebook.com/profile.php?id=61556144023248
Jakes Cocktail Bar	45 St Mary Street Cardigan/Aberteifi SA43 1HA		Latina inspired light bites- hand helds - Tacos- Salads -Nachos. <i>Brathladau ysgafn llaw - Tacos- Saladau - Nachos.</i>		✓	✓	https://www.jakestacos.uk/ jake@jakestacos.uk	https://www.instagram.com/jakestacos/
Yr Hen Printworks	Carrier's Lane Cardigan/Aberteifi SA43 1FA	01239 612646	Restaurant - Drink - Dine – Unwind - Small Plates MICHELIN accredited restaurant <i>Bwyty - Diod - Bwyta - Ymlacio - Platiau Bach</i>	V / VG GF	✓	On outside terrace	contact@yrhenprintworks.co.uk http://yrhenprintworks.co.uk/	https://www.facebook.com/YrHenPrintworks/
Stiwdio 3 Cafe & Craft shop/ Gallery	3 High Street Cardigan/Aberteifi SA43 2LN	01239 758088	Café & Craft shop / Gallery <i>Caffi a Siop Grefftau / Oriol</i>				hello@stiwdio3.cymru https://www.stiwdio3.cymru/	https://www.facebook.com/stiwdio3cafe/
Belotti's Deli & Café	2 High Street Cardigan/Aberteifi SA43 1HJ	01239 621713	Italian & Welsh fusion deli Café – Breakfast – Lunch <i>Caffi deli fusion Eidalaidd a Chymreig – Brecwast - Cinio</i>			Guide dogs only	maria.mark.belloti@btinternet.com	https://www.facebook.com/BelottisDelicatessenCoffeeHouse/
Hive - Honey Ice Cream - Hufen Iâ Mel	37 High Street Cardigan/Aberteifi SA43 1HE		Honey Ice Cream – <i>Hufen Iâ Mel</i>	V / VG GF			https://www.thehiveaberaeron.com/	
Mannucci's Italian	1 High Street Cardigan/Aberteifi SA43 1HU	01239 920517	Family-Run Italian Trattoria - Lunch - Dinner - Takeaway <i>Trattoria Eidalaidd Teuluol – Cinio – Cinio – Tecawê</i>	V / VG GF			hello@mannuccis.com http://www.mannuccis.com/	https://www.facebook.com/Mannuccis
Caffi'r Castell Castle Café & Cellar bar	High Street Cardigan/Aberteifi SA43 1HU	01239 621882	Breakfast – Lunch - Home Cakes - Snacks <i>Brecwast – Cinio - Cacennau Cartref - Byrbrydau</i>	V / VG GF		✓ Free sausage	yseler@gmail.com info@cardigancastle.com	https://www.facebook.com/thecellarbarcardigan
Cegin 1176 @ Cardigan Castle	2 Bridge Street Cardigan/Aberteifi SA43 1JA	01239 562002	Cardigan Castle on-site Café & Restaurant. Breakfast – Lunch - Sunday Lunch <i>Caffi a Bwyty Castell Aberteifi ar y safle. Brecwast – Cinio - Cinio Dydd Sul</i>	V / V GF	✓	On outside terrace	https://cardigancastle.com/eat-at-1176/	
Grosvenor Pub & Restaurant	Bridge Street Cardigan/Aberteifi SA43 1HY	01239 613792	Classic pub food - Sunday Lunch <i>Bwyd tafarn clasurol - Cinio Dydd Sul</i>		✓	Yes on slate floor area	http://www.grosvenorcardigan.co.uk/ enquiries@grosvenorcardigan.co.uk	https://www.facebook.com/grosvenorcardigan/
GRAIN Cardigan	Cambrian Quay Cardigan/Aberteifi SA43 1EZ	01239 612259	Stone-baked pizzas rotating list of local craft beers. A bit of riverside magic. <i>Pizzas wedi'u pobi â cherrig sy'n cylchdroi rhestr o gwrw crefft lleol. Ychydig o hud glan yr afon.</i>	V / VG GF	✓	✓	https://grain.wales/venue/cardigan/ cardigan@grain.wales	https://www.facebook.com/graincardigan/

Enw Name	Cyfeiriad Address		Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfryngau cymdeithasol Social media
Bocs *Du Street food @ Aberteifi Quay	Cambrian Quay Cardigan/Aberteifi SA43 1EZ		Fresh Street food - Rain or shine sweet treats, Pittas & coffees brunch/lunch menu from the OG trailer <i>Bwyd stryd ffres - Glaw neu hindain Danteithion melys, bwydlen brecwast/cinio Pittas a choffi o'r trelar OG</i>				bocsdu@gmail.com	https://www.facebook.com/p/Bocs-Du-61556144023248/
Fisherman's Rest Coffee Shop	Quay Street Cardigan/Aberteifi SA43 1HR	01239 612359	Restaurant & Coffee shop - Fresh Fish Monger - Catch of the day on site. <i>Bwyty a Siop Goffi - Gwerthwr Pysgod Ffres - Dal y dydd ar y safle</i>		✓	✓	thefishermans.rest@btconnect.com https://www.facebook.com/CatchoftheDayCardigan	https://www.facebook.com/CatchoftheDayCardigan/
New Life Church Café	Lower Mwldan Cardigan/Aberteifi SA43 1HR	01239 615864	Café - Soft play area for under 5s & activity centre <i>Caffi - Ardal chwarae meddal i blant dan 5 oed a chanolfan weithgareddau</i>	V / GF	✓	Guide dogs only	https://newlifewales.org.uk/cafe/ newlifewales@aol.com	
Abdul's Tandoori Indian	2 Royal Oak Quay Street Cardigan/Aberteifi	01239 621416/ 615371	Restaurant & take away. (Bring your own alcohol) <i>Bwyty a Tecawê. (Dewch â'ch diod eich hun)</i>		✓	Guide dogs only	www.abdultandoorispice.com	https://www.facebook.com/AbdulsTandoori
Shampan Royal Indian Boat	River Teifi Cardigan/Aberteifi SA43 1HR	01239 621444	Indian Restaurant & Take away. A floating boat docked on the river Teifi. <i>Bwyty Indiaidd a Tecawê i ffwrdd. Cwch arnofiol yn docio ar afon Teifi.</i>			Guide dogs only	https://shampancardigan.co.uk/index.html monirsean09@yahoo.com	https://www.facebook.com/cardiganshampan/
Cafe & Bar at the Albion	Bridge Warehouse Cardigan/Aberteifi SA43 3AA	01239 623633	Coffee & cake by day. Bar & handcrafted cocktails by night. <i>Coffi a chacen yn ystod y dydd. Bar a choctels wedi'u gwneud â llaw gyda'r nos.</i>	V / VG GF	✓	✓	https://www.albionaberteifi.co.uk/yr-odyn albion@coldatnight.co.uk	https://www.instagram.com/albionaberteifi/ https://www.instagram.com/yrodyrestaurant/
The Castle Inn / Burnard's castle	1 Castle Street Cardigan SA43 3AB		Historical pub on the riverside - Pizzas & Bar Snacks <i>Tafarn hanesyddol ar lan yr afon - Pizzas & Bar Byrbrydau</i>		✓	✓	albion@coldatnight.co.uk	https://www.facebook.com/bernardscastle/ https://www.instagram.com/bernardscastle
Station Café @ Station Road	Station Road Cardigan/Aberteifi SA43 3AD	01239 920067	Café serving All day breakfast, lunch & light bites. Take away available <i>Café serving All day breakfast, lunch & light bites. Take away available</i>	V / VG		✓		https://www.facebook.com/p/StationCafe61556713220403/?locale=foFO
Craigs Trailer @ Pentood Estate	Parc Piliu, Cardigan/Aberteifi SA43 3AL	07907 284558	Fast food take-away <i>Tecawê bwyd cyflym</i>					https://www.facebook.com/profile.php?id=100057427720100
Munch Box @ Parc Teifi	6 Parc Teifi, Cardigan/Aberteifi SA43 1EW	07547 400044	Fast food take-away <i>Tecawê bwyd cyflym</i>					
White Hart Community Inn	St Dogmaels Nr Cardigan/Aberteifi SA43 3EA	01239 615955	Traditional pub serving lunches & evening meals - Sunday Lunches. <i>Tafarn draddodiadol sy'n gweini ciniawau a phrydau gyda'r nos - Cinio Sul.</i>	V / VG GF			http://www.whci.cymru/	https://www.facebook.com/whci2022/
Môr Ffein Fish & Chips	2 High Street St Dogmaels SA43 3ED	01239 613814	Traditional Fish & Chips Restaurant & Takeaway <i>Bwyty Pysgod a Sglodion Traddodiadol a Tecawê</i>	V / VG GF			http://www.morffein.co.uk/	https://www.facebook.com/morffein
The Coach House Visitor Centre & café	Shingrig St Dogmaels Cardigan/Aberteifi SA43 3DX	01239 615389	Café - Light Lunch - Homemade Specials - Afternoon Tea <i>Caffi - Cinio Ysgafn - Pethau Arbennig Cartref - Te Prynawn</i>	V / VG GF	✓		https://www.stdogmaelsabbey.org.uk/cafe.php info@stdogmaelsabbey.org.uk	

Enw Name	Cyfeiriad Address	 01239	Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfryngau cymdeithasol Social media
Ferry Inn & Restaurant	St Dogmaels Nr Cardigan/Aberteifi SA43 3LF	01239 615172	Riverside Pub & Restaurant with outside seating area & river views. <i>Tafarn a Bwyty Riverside gyda man eistedd y tu allan a golygfeydd o'r afon</i>	V / VG GF			ferryinn@hotmail.co.uk www.ferry-inn.co.uk	https://www.facebook.com/theferryinnriverside
Teifi Waterside Hotel –	Poppit Sands St Dogmaels SA43 3LN	01239 612085	Bar meals & Restaurant Fresh seafood during season & local produce. <i>Bwyd môr ffres yn ystod y tymor a chynnyrch lleol</i>	V			teifiwatersidehotel@gmail.com https://teifiwatersidehotel.co.uk/	https://www.facebook.com/teifiwatersidehotel/
Crwst @ Poppit Sands	Poppit Sands St Dogmaels SA43 3LN	01239 623530	Café come take out - fresh filled rolls - Pastries- Ice Cream - Drinks / <i>Caffi tecawê - rholiau ffres wedi'u llenwi -Teisennau - Hufen lâ - Diodydd</i>	V / VG GF			contact@crwst.cymru	https://www.facebook.com/crwst
Penrallt Garden Centre & Pavilion Café	Moylegrove Cardigan/Aberteifi SA43 3BX	01239 881295	Serving morning coffee - Lunches - Afternoon Tea - Sunday lunches <i>Gwini coffi bore - Cinio - Te Prynhawn - Cinio Sul</i>	V / VE		✓	enquiries@penralltnursery.co.uk https://penralltnursery.co.uk/cafe/	https://www.facebook.com/penralltgardencentre/
Pen y Bryn Arms Pub & Restaurant	Pen y Bryn Cilgerran SA43 3NJ	01239 613399	Traditional Pub Food & Sunday lunches <i>Bwyd Tafarn Traddodiadol a Chinio Sul</i>	V / GF	Limited			
Glass House Café @ Welsh Wildlife Centre	Welsh Wildlife Centre Cilgerran SA43 2TB	01239 621600	Café – Handmade Homecooked, food. <i>Caffi - Wedi'i wneud â llaw, wedi'i goginio'n gartref, bwyd.</i>	V / VG GF		✓	Outside seating www.welshwildlife.org.uk	
The Rampin (Masons Arms)	The George Cnwce Cilgerran SA43 2SR	07989 990461	Takeaway Fast Food - Outdoor Seating area <i>Bwyd Cyflym Tecawê - Ardal Eistedd Awyr Agored</i>			✓	✓	https://www.facebook.com/profile.php?id=100083329902940
Coracles Fish & Chips	Llechryd, Cardigan/Aberteifi SA43 2NR	07538 628396	Coracle Fish & Chips Llechryd - Eat in & Take Away <i>pysgod a sglodion Coracle Llechryd - Bwyta i mewn a Mynd i ffwrdd</i>					https://www.facebook.com/coraclefishandchipsllechryd
Penllwynddu Inn Pub & Restaurant	Llandygwydd Nr Cardigan/Aberteifi SA43 2LY	01239 682533	Cosy Country Pub Food - Sunday lunches <i>Bwyd Tafarn Wledig Glyd - Cinio dydd Sul</i>	V / VG GF	Limited		✓	https://www.facebook.com/Penllwynddu/
Salmon Leap Café	Cenarth Falls SA38 9JP		Breakfast - lunch - Coffee - Drinks - Cakes - Puddings <i>Brecwast - cinio - Coffi - Diodydd – Cacennau - Pwdinau</i>					https://www.facebook.com/Salmon-Leap-Cafe-101283402498430
Ty Te Cenarth	Cenarth Falls SA38 9JL	01239 712881	Café - Breakfast - lunches - Afternoon teas - Sunday Lunch – Ice Cream Parlor. <i>Caffi - Brecwast - ciniawau - Te prynhawn - Cinio dydd Sul - Parlor Hufen lâ.</i>	V / VG GF		✓	Outside seating enfyswyse@icloud.com	https://www.facebook.com/tytecenarth/
White Hart 18th Century Freehouse	Cenarth Falls SA38 9JL	01239 710305	Traditional Pub Food - eat in or takeaway - Outside seating. <i>Bwyd Tafarn Traddodiadol - bwyta mewn neu tecawê - Seddi y tu allan</i>	V / VG GF		✓	✓ whirehartcenarthfalls@hotmail.com https://www.whitehartcenarth.co.uk/	https://www.facebook.com/CenarthFalls
Three Horseshoes Inn & T-Bones Steakhouse	Cenarth Falls SA38 9JL	01239 710119	Grills / Burgers & Traditional pub meals - Sunday Roasts - Outside seating. <i>Grilliau / Byrgys a phrydau tafarn traddodiadol - Rhostiau dydd Sul - Seddi y tu allan.</i>	V / VG GF	Limited		✓ https://www.threehorseshoescenarth.com/ threehorseshoescenarth@gmail.com	https://www.facebook.com/Three-Horseshoes-Inn-Cenarth-565781797173263/
The Deli @ Cenarth	The Deli Cenarth Falls SA38 9JL	01239 920774	Deli & Gift shop. Takeaway - Home-made Cakes & Bakes - Hot & cold Drinks. <i>Deli a Siop Anrhegion. Tecawê - Cacennau a Pobi Cartref - Diodydd Poeth ac Oer.</i>	V / VG GF			https://www.thedeliatcenarth.com/	https://www.facebook.com/p/The-Deli-at-Cenarth-61566581330986/

Eating out in & around Newport & Crymych Area 2025 / Bwyta Allan yn Ardal Trefdraeth a Crymych

Enw Name	Cyfeiriad Address	 01239	Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfyngau cymdeithasol Social media
LLwyngwair Manor	Llwyngwair Manor Newport / Trefdraeth SA42 0LX	820498	Traditional Bar Meals - Lunch & Dinner Sunday lunch - From Mother's day to Late October <i>Prydau Bar Traddodiadol - Cinio a Swper - Cinio dydd Sul - O Sul y Mamau i ddiwedd mis Hydref</i>	V / VG GF	✓	✓		https://www.pembrokeshireholidaypark.co.uk/Newport/things-to-do/Onsite/Bar
Temple Bar Café & Farm Shop	Nevern Newport / Trefdraeth SA41 3XB		Café – Hot & Cold Drinks - Home cooked Cakes & Lunch <i>Caffi - Diodydd Poeth ac Oer - Cacennau a Chinio wedi'u Coginio gartref</i>	V / VG GF				
Salutation 16th century coaching Inn	Felindre Farchog Eglwysrwr SA41 3UY	820564	Restaurant & Bar food - Seasonal specials available alongside the regular menu. <i>Bwyd bwyty a bar - Bwydau arbennig tymhorol ar gael ochr yn ochr â'r fwydlen arferol.</i>	V / VG GF	✓	✓	https://salutationcountryhotel.co.uk/ bwydbrenda62@outlook.com	https://salutationcountryhotel.co.uk/our-pub/great-food-in-our-contemporary-restaurant/#
Blasus @ Henllys Iron Age village	Castell Henllys Eglwysrwr SA41 3UR	891319	Peaceful Riverside Café serving - Hot Food - Cakes - Drinks. Entry to Iron Age village not Required <i>Caffi Glan yr Afon Heddychlon yn gweini - Bwyd Poeth - Cacennau - Diodydd. Nid oes angen mynediad i bentref yr Oes Haearn</i>	V / VG GF	✓	✓	Blasuscymru@gmail.com	https://www.facebook.com/blasuscymru1
Caffi Celt @ Dyfed Shire Horse Farm	Carnhuan Eglwysrwr SA41 3SY	891107	Café - Lite-bite meals - take-away service also available. Open to all entry fees not required. <i>Caffi - prydau bach - gwasanaeth tecawê ar gael hefyd. Nid oes angen pob ffi mynediad.</i>		✓	✓		https://dyfed-shires.co.uk/opening-times/cafe/
Tafarn Sinc	Bryn Ter Rosebush SA66 7QU	532214	Community owned pub in the heart of the Preseli Hills. Serving Freshly Cooked Traditional Pub food. <i>Tafarn sy'n eiddo i'r gymuned yng nghanol Bryniau y Preseli. Gweini bwyd tafarn traddodiadol wedi'i goginio'n ffres.</i>	V / VG GF	✓	✓	https://tafarnsinc.cymru/admin@cymdeithastafarnsinc.cymru	https://www.facebook.com/tafarnsinc/
Crymych Arms Inn	Crymych SA41 3RJ	831435	Serving Traditional Pub Food - Sunday lunch. <i>Gweini Bwyd Tafarn Traddodiadol - Cinio Dydd Sul</i>				crymych.arms@gmail.com	https://www.facebook.com/Crymych/?locale=en_GB&rdr
Pasta Boy	Y Sgwar Crymych SA41 3QE	411779	From Sicily to Wales to bring the art of pasta making with original recipes and ingredients <i>O Sisili i Gymru i ddod â'r grefft o wneud pasta gyda ryseitiau a chynhwysion gwreiddiol</i>	V / VG GF			francescopaolopecoraro@yahoo.com	https://www.facebook.com/p/Pasta-Boy-61559291225457/?locale=en_GB
Cegin 24 Fish & Chips Shop	Newport Road Crymych SA41 3RN		Family-run fish and chips shop - eat in or takeaway <i>Siop pysgod a sglodion teuluol. bwyta i mewn neu tecawê</i>					https://www.facebook.com/p/Cegin-24-61562572935222/
Llaeth Deri Milk 24hr	Maesyderi, Boncath SA37 0JF		24hr self-service vending machine Serving Milk & Milkshake, sweets snacks & Eggs <i>Peiriant gwerthu hunanwasanaeth 24 awr. Gweini Llaeth a Ysgytleaeth, melysion, byrbrydau ac wyau</i>					https://www.facebook.com/llaethderi1/
Ffynnone Arms	Newchapel, Boncath, SA37 0EH	841800	Traditional Pub, Homemade Food Sunday carvery <i>Tafarn draddodiadol, cerfdy dydd Sul Bwyd Cartref</i>	V / VG GF	✓	✓	https://www.fffynnonearms.co.uk/	https://www.facebook.com/Ffynnonearms/
Nags Head	Abercych SA37 0HJ	841200	Riverside gastro pub with rooms <i>Tafarn gastro Glan yr Afon gydag ystafelloedd</i>		Limited	✓	http://www.nagsheadabercych.co.uk/info@nagsheadabercych.co.uk	https://www.facebook.com/nagspub2/?ref=br_rs




V / Vegetarian




VG / Vegan

GF / Gluten Free

Updated June 2026

Eating in & around Aberporth, Tresaith & Llangrannog area 2025 /Bwyta Allan yn Ardal Aberporth, Tresaith & Llangrannog

Enw Name	Cyfeiriad Address		Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfrngau cymdeithasol Social media
Gwbert Hotel & The Flat Rock Bistro	Gwbert on Sea nr Cardigan/Aberteifi SA43 1PP	01239 612638	Bistro with extensive menu - Sunday Lunch. Indoor & outdoor seating with stunning scenery. <i>Bistro gyda bwydlen helaeth - Cinio Sul. Seddi dan do ac awyr agored gyda golygfeydd trawiadol.</i>	V / VG GF	✓	Outside seating	reservations@gwberthotel.com www.gwberthotel.com	https://www.facebook.com/Gwberthotel/
Cliff Hotel Bar & Restaurant	Gwbert on Sea nr Cardigan/Aberteifi SA43 1PP	01239 613241	Bar & Restaurant Meals, Chef's Specials with spectacular sea views. Afternoon Tea <i>Prydau Bar a Bwyty, Arbennig y Cogydd gyda golygfeydd ysblennydd o'r môr. Te Prynawn</i>	V / VG GF	✓	Guide dogs only	reservations@cliffhotel.com www.cliffhotel.com	https://www.facebook.com/theciffhotelandspa
Cardigan Golf Club	Gwbert on Sea nr Cardigan/Aberteifi SA43 1PR	01239 621698 621035	Bar meals & Sunday lunches. Patio area with views over Cardigan Bay <i>Prydau bar a chinio dydd Sul. Ardal patio gyda golygfeydd dros Fae Ceredigion</i>	V / VG GF	✓	Guide dogs only	cgc@btconnect.com https://www.cardigangolfclubkitchen.com/ http://www.cardigangolf.com/	https://www.facebook.com/cardigangolf/
Llaeth Tyhen Milk 24hr	Ferwig Cardigan/Aberteifi SA431QJ		24hr vending machine Serving Milk & Milkshake / <i>Peiriant gwerthu 24 awr Gweini Llaeth a Ysgytleath</i>					https://www.facebook.com/ffermtyhen?locale=en_GB
Caban Mwnt	Mwnt Beach Cardigan SA43 1QH	01239 612408	Takeaway Café - Hot Food & Drinks - Homemade Cakes - Ice creams more <i>Caffi Tecawê - Bwyd a Diod Poeth - Cacennau Cartref - Hufen lâ mwy</i>			✓		https://www.facebook.com/Mwntkiosk/?locale=en_GB
Felinwynt Café and Playbarn	Felinwynt, Nr Aberporth Cardigan/Aberteifi SA43 1RT	07896 777894	Tearoom & Café & Play Barn <i>Ystafell De a Chaffi ac Ysgubor Chwarae</i>	V / VG GF	✓	X	https://felinwyntplaybarn.wixsite.com/playbarn	https://www.facebook.com/FelinwyntCafeandPlaybarn
Ship Inn Pub & Restaurant	Aberporth Cardigan/Aberteifi SA43 2JL	01239 810822	Traditional pub food Bar & Restaurant meals with Sea Views <i>Bwyd tafarn traddodiadol Prydau Bar a Bwyty gyda Golygfeydd o'r Môr</i>	V / GF Limited option	✓	✓	https://www.shipaberporth.co.uk/	https://www.facebook.com/shipaberporth/
Shibwns Café	Banc y Dyffryn Aberporth SA43 2EN	07527 792324	Café - Breakfast – Lunch – Snacks. Indoor and outdoor seating. <i>Caffi - Brecwast - Cinio - Byrbrydau. Seddi dan do ac awyr agored.</i>	V / VG GF	✓	✓	inquiries@shibwns.co.uk	https://www.facebook.com/profile.php?id=61574011766199
Sugandha Indian Restaurant & Takeaway	Banc y Dyffryn Aberporth SA43 2EN	01239 811501	Authentic Indian Restaurant & Take away <i>Bwyty Indiaidd Dilys a Tecawê i ffwrdd</i>				www.sugandha-aberporth.co.uk	https://www.facebook.com/sugandhaaberporth
Water's Edge Café	Aberporth SA43 2DD	01239 611482	Beach Café indoor and outside seating <i>Caffi Traeth seddi dan do ac allanol</i>	V / VG GF		Outside seating	watersedge20.24@gmail.com	
Aberporth Village Hall	Ffordd Newydd Aberporth SA43 2JH	07930 995314	Weekley Lunch Club & coffee mornings. All welcome <i>Clwb Cinio Wythnosol a boreau coffi. Croeso i bawb</i>		✓		https://www.aberporthvillagehall.co.uk/ info@aberporthvillagehall.co.uk	https://www.facebook.com/AberporthVillageHall
Cwtch Glanmordy Café	Cwtch Glanmordy Aberporth SA43 2EX.	07903 573025	Beach Hut Cafe Takeaway Ice cream with sea views <i>Caffi Cwt Traeth Hufen lâ gyda golygfeydd o'r môr</i>			✓		https://www.facebook.com/Cwtch-Glanmordy-Aberporth-SA43-2EX-849117478515856

Enw Name	Cyfeiriad Address		Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfryngau cymdeithasol Social media
Cwtch Glanmordy Café	Cwtch Glanmordy Aberporth SA43 2EX.	07903 573025	Beach Hut Cafe Takeaway Ice cream with sea views / <i>Caffi Cwt Traeth Hufen lâ gyda golygfeydd o'r môr</i>			✓		https://www.facebook.com/Cwtch-Glanmordy-Aberporth-SA43-2EX-849117478515856
Skippers Tresaith	Tresaith Cardigan/Aberteifi SA43 2JL	07946 646358	Local Beer – Fresh baked Pizza – Cawl. Live Music / <i>Cwrw lleol – Pizza wedi'i bobl'n ffres – Cawl. Cerddoriaeth Fyw</i>			✓		https://www.facebook.com/p/Skippers-Tresaith-61578881585740/
The Ship Inn Tresaith	Tresaith Cardigan/Aberteifi SA43 2JL	01239 811816	Full menu - Beer garden - Sea view - Sunday Lunch / <i>Bwydlen lawn - Gardd gwrw - Golygfa i'r môr - Cinio dydd Sul</i>	V / VG GF	✓	✓	Shiplnn.Tresaith@marstons.co.uk https://www.shipinnpubcardigan.co.uk/	https://www.facebook.com/TheShipInnTresaith
Y Caban Tresaith	Tresaith, Cardigan/Aberteifi SA43 2JL		Café hut by the beach - outdoor seating <i>Caffi cwt ger y traeth - seddi awyr agored</i>					
Bryn Berwyn Country House Tresaith	Tresaith Cardigan/Aberteifi SA43 2JG	01239 545028	Lunchtime & Evening meals – Afternoon Tea -Sunday Lunch <i>Amser cinio a phrydau gyda'r nos – Te Prynhawn - Cinio Dydd Sul</i>		✓	In Bar area	henry@brynberwyn.com https://www.brynberwyn.com/	https://www.facebook.com/BrynBerwynCountryHouse/
Emlyn Café	Tanygroes Aberporth SA38 9BG	01239 810143	Licensed Café - Sunday Lunch <i>Caffi Trwyddedig - Cinio Dydd Sul</i>	V / VG GF	✓	Guide dogs only	emlyncafe@hotmail.com	https://www.facebook.com/caffiemlyntanygroes/
Cherry picked farm Shop @ deli - café	Sarnau Llandysul SA44 6QT	07300 936051	Farm shop & Deli Café - Inside seating & covered outdoor seating area. <i>Siop Fferm a Chaffi Deli - Y tu mewn i seddi a ardal eistedd awyr agored wedi'i orchuddio.</i>	V / VG GF		✓ Outside seating	https://www.cherrypickedfarmshop.co.uk/ cherrypickedfarmshopltd@gmail.com	https://www.facebook.com/siopffermcherrypicked/
The Plwmp Tart	Penbryn Beach Sarnau SA44 6QL	01239 758100	Beach café - Light lunches - home baked cakes & great coffee / <i>Caffi traeth - Cinio ysgafn - cacennau cartref a choffi gwyh</i>	V / VG GF	✓	✓	theplwmp Tart@gmail.com	https://www.facebook.com/The-Plwmp-Tart-Penbryn-Beach-491316017669529/
Y Bryn a'r Bragdy	Brynhoffnant Llandysul	01239 611890	Wood Fired Pizzas - Pub food - Sunday Lunch – on site Craft -Brewery <i>Pitsas wedi'u Ffwrnio â Phren Bwyd tafarn - Cinio dydd Sul - ar y safle Crefft - Bragdy</i>	V / VG GF			https://y-bryn.com/ enquiries@y-bryn.wales	https://www.facebook.com/YBrynarBragdy
The Pentre Arms Pub & Restaurant	Llangrannog SA44 6SP	01239 654345	Sea front Pub with spectacular views. Lunch & Dinner / <i>Tafarn glan y môr gyda golygfeydd ysblennydd. Cinio a swper</i>	V / VG GF	Limited No toilets	✓	enquiries@pentrearms.co.uk https://pentrearms.co.uk/	https://www.facebook.com/PentreArms/
Tafell a Tân Pizza @ Caffi Patio Ice Cream Shop	Caffi Patio Llangrannog SA44 6SP	01239 654502	Pizza - Ice cream – Daytime & Evening <i>Pitsa - Hufen lâ – Yn ystod y Dydd a'r Nos</i>		✓ Standard door to toilet	Outside seating	https://www.tafellatanpizza.co.uk/contact@tafellatanpizza.co.uk	https://www.facebook.com/tafellatanpizza/
The Beach Hut Café & Takeaway Llangranog	Llangrannog SA44 6SN	01239 654642	Family run Café and fish & chip shop <i>Caffi teuluol a siop pysgod a sglodion</i>	V / VG GF		Outside seating	eat@thebeachhutwales.co.uk www.eat@thebeachhutwales.co.uk	https://www.facebook.com/The-Beach-Hut-105476402837944

The staff at your local Tourist Information Centre have compiled this list in good faith from information made publicly available by businesses in the area. Inclusion on the list does not equate to official endorsement by Ceredigion County Council or Visit Wales. If you have any special or specific requirements, we recommend that you contact the outlets direct to avoid disappointment. You can check Food Hygiene Scores on the Food Standards Agency Wales website <http://www.food.gov.uk/wales> or download the app <http://ratings.food.gov.uk/default/en-GB>

Staff eich Canolfan Groeso leol sydd wedi cydlynnu'r rhestr yma gyda phob ewyllys da o wybodaeth wneir yn gyhoeddus gan y busnesion eu hunain. Nid yw cynnwys busnes ar y rhestr yma'n crybwyll cymeradwyaeth swyddogol gan Gyngor Sir Ceredigion na Croeso Cymru. Os oes angen rhywbeth arbennig neu benodol amoch chi, argymhellwn eich bod yn gwirio'n uniongyrchol gyda'r busnes er mwyn osgoi unrhyw gamddealltwriaeth. Gallwch wirio sgor hylendid neu lawrlwytho app. ar wefan yr Asiantaeth Safonau Bwyd/ Food Standards Agency – Cymru. <http://ratings.food.gov.uk/default/cy-GB>