Bwyta Allan Yn Ardal Cei Newydd 2026 Eating Out in New Quay & Surrounding Area

Enw Name	Cyfeiriad Address	☎	Manylion Details	Dietegol Dietary	♿	🐕	E-bost / Gwefan E Mail / Websites	Cyfryngau cymdeithasol Social media
Black Lion Hotel	Glanmor Terrace New Quay SA45 9PS	01545 560122	Bar Menu & Sunday lunch Beer garden & children's play area	V / VG GF	Limited	Outside seating	enquiries@blacklionnewquay.co.uk https://www.blacklionnewquay.co.uk/food-drink	https://www.facebook.com/blacklionnewquay
Penwig Hotel Restaurant	South John Street New Quay SA45 9NN	01545 560910	Morning coffees, bar meals, Sunday lunch. Large patio with sea views.	V / VG / GF	Disabled entrance at back of pub	Outside seating	https://www.penwighotelceredigion.co.uk/ PenwigHotel.Newquay@marstons.co.uk	https://www.facebook.com/thepenwighotel/
The Blue Bell Deli & Bistro	South John Street New Quay SA45 9NP	01545 560444	Bistro & Wine bar & coffee shop Delicatessen with local produce	V / VG / GF	Toilets & tables Down stairs	No	thebluebelldelibistro@gmail.com www.bluebellnewquay.co.uk	https://www.facebook.com/Thebluebelldelibistro/
The Watch House	South John Street New Quay SA45 9NG		Open for Breakfast & Lunch Pizza - Tapas Sunday Lunch	V / VG / GF		✓		https://www.facebook.com/profile.php?id=61579331270548
Crème Pen Cei Gelato	South John Street New Quay SA45 9NG	01545 561023	Handcrafted gelato & sorbets Fruit smoothies & Juices Baguettes to take away.	V / VG / GF	No	Guide dogs only	trudithomas8888@btinternet.com	https://www.facebook.com/Creme-Pen-Cei-155484334607406
Morwyr Cei / Mariners Fish & Chips Restaurant	South John Street New Quay SA45 9NP	01545 560467	Traditional Fish & Chips Restaurant & Take away Home Cooked Food. Children Welcome			Guide dogs only	info@marinerswales.co.uk	https://www.facebook.com/profile.php?id=100090742075426
The Lime Crab Takeaway	South John Street New Quay SA45 9NP	01545 561400	A new concept in the fish and chips market.	GF	✓	Guide dogs only	limecrab@outlook.com	https://www.facebook.com/TheLimeCrab/
Quayside Coffee Shop	South John Street New Quay SA45 9NP		Quayside Coffee shop Coffee - Cake - Ice Cream Bacon Rolls Toasties etc					
Pasty-Pasty Take away	South John Street New Quay SA45 9NP	01545 560366	Take away pasty, large selection daily, unusual fillings.	V, VG	✓	N/A	info@seamor.org www.pastypasty.com	https://www.facebook.com/Pasty-Pasty-New-Quay-104900187830204
Gingrous Coastal Coffee	Church Street New Quay	01545 561891	Café / Take away Open all year		No		https://gingeroscoastalcoffee.com/	https://www.facebook.com/pages/Gingeros%20Coastal%20Coffee/1558407514296089/
Captains Rendezvous Restaurant & Take away	Church Street, New Quay SA45 9NT	01545 560507	Traditional fish & Chips, Sunday lunch, children welcome.	V / VG / GF	Level entrance at back No Toilet	Guide dogs only		https://www.facebook.com/TheCaptainsRendezvous/
Jitterbugs Jazz Bar & Café	Church Street New Quay SA45 9NZ	01545 560467	Jazz Bar & Café:- Cocktails, wine, beer, spirits, filled rolls, coffee Outside balcony seating					https://www.instagram.com/jitterbug_newquay/
The Pepper Pot Bar & Grill	Church Street New Quay SA45 9NT	01545 560680	Licenced Bar & Grill Breakfast Lunch & Dinner Regular Music Nights	V / VG / GF	No	✓ Please Ask First	https://www.thepepperpotbandg.co.uk/ pepperpotbookings@gmail.com	https://www.facebook.com/pepperpotbarandgrill/
Rossini's Italian Restaurant	Greenfields, Upland square SA45 9QH	01545 578293	Italian restaurant with Iberian influence - Handmade Pizzas - Sunday Carvery	V / VG			fernix65@yahoo.com	https://www.facebook.com/fernix65/

V / Vegetarian VG / Vegan GF / Gluten Free

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Sea Horse Inn Pub	Uplands Square New Quay SA45 9QH	01545 560736	Snacks only			✓	n/a	
Pizza Team	Margaret Street New Quay SA45 9QJ	01545 560909	Pizza Takeaway	V				https://pizzateam.co.uk/
The Dragon Palace	Hill Street New Quay SA45 9QD	01545 560175	Dragon Palace New Quay Chinese Take Away					https://www.facebook.com/profile.php?id=100057546936756
Penrhiwllan Inn	Llandysul Road New Quay SA45 9RF	01545 560471	Pub Meals, Sunday lunches. Beer Garden, Children welcome	V / GF		✓ In The Bar		https://www.facebook.com/Penrhiwllan-inn-1730570597176654/
Seals Bay Café	Cwmtydu Nr, New Quay SA44 6LQ	07792 942937	Café – Hot & cold drinks Sandwiches, cakes & pastries. Ice cream & lollies	V / VG / GF		✓		https://www.facebook.com/profile.php?id=61589505241369
Penrhiwgaled Arms	Cross inn Nr, New Quay SA446LN	01545 560238	Traditional Pub Food - Sunday Lunch				penrhiwgaledarms@outlook.com	https://www.facebook.com/profile.php?id=61555741686760
Popty Kates Bakery	Crud Yr Awel, Synod Inn SA44 6JA	01545 581336	Take away breakfasts, lunches, cakes & drinks. Hot Food & Baguettes, & Bread Outdoor seating	V / VG / GF				https://www.facebook.com/PoptyKatesBakery/?ref=page_internal
The Moody Cow Welsh kitchen & Farm Shop	Llwyncelyn Aberaeron SA46 0HL	07976 464965	Licensed Deli & Bistro, Butchery, Breakfast lunch & Dinner Take-away's & Sunday Lunch	V / VG / GF	✓	✓ Please Ask First	www.bargoedfarm.com info.bargoedfarm@gmail.com	https://www.facebook.com/Bargoedfarm
Llanina Arms	Llanarth Ceredigion SA47 0NP	01545 581276	Restaurant / Bar meals Traditional Sunday Carvery	V / VG / GF			www.llanianarms.co.uk reception@llaninaarms.co.uk	https://www.facebook.com/Llanina-Arms-380195525449370/
La Calabria Italian Restaurant	Rhydgoch Ffostrasol SA44 5JT	01239 851101	Authentic Italian cuisine using fresh Welsh produce	V	✓	Guide dogs only	info@la-calabria.co.uk www.la-calabria.co.uk	https://www.facebook.com/La-Calabria-Restaurant-539344909450493/
Tafarn Ffostrasol Arms	Ffostrasol Llandysul SA44 4SY	01239 851348	Traditional pub meals cooked fresh to order Sunday Lunch	V / VG GF	✓	Guide dogs only	http://ffostralarms.co.uk www.ffostrasolarms.co.uk	https://www.facebook.com/groups/497631987782654

The staff at your local Tourist Information Centre have compiled this list in good faith from information made publicly available by businesses in the area. Inclusion on the list does not equate to official endorsement by Ceredigion County Council or Visit Wales. If you have any special or specific requirements, we recommend that you contact the outlets direct to avoid disappointment.
You can check Food Hygiene Scores on the Food Standards Agency Wales website http://www.food.gov.uk/wales Or download the app http://ratings.food.gov.uk/default/en-GB

Staff eich Canolfan Groeso leol sydd wedi cydlynnu'r rhestr yma gyda phob ewyllys da o wybodaeth wneir yn gyheoddus gan y busnesion eu hunain. Nid yw cynnwys busnes ar y rhestr yma'n crybwyll cymeradwyaeth swyddogol gan Gyngor Sir Ceredigion na Croeso Cymru. Os oes angen rhywbeth arbennig neu benodol arnoch chi, argymhellwn eich bod yn gwirio'n uniongyrchol gyda'r busnes er mwyn osgoi unrhyw gamddealltwriaeth
Gallwch wire sgor hyenoid neu lawrlwytho app. ar wefan yr Asiantaeth Safonau Bwyd/ Food Standards Agency – Cymru . http://ratings.food.gov.uk/default/cy-GB

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Updated June 2026